


# Pond View Assisted Living October 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10:00 Mass on TV Activity Room 10:00 Service with Reverend Bob CH <b>1:00 Music with Allison F2</b> 2:00 Brain Games	9:00 Morning Meeting 9:30 Walking Group <b>10:30 Meditation GP</b> 10:30 Sit & Fit 1:30 Can We Be Counted On? 2:00 Snack & Chat <b>2:30 Bingo (GP)</b>	9:00 Morning Meeting 9:30 Walking Group 10:00 Mindfulness <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> 1:30 Finding Health & Welness 2:00 Snack 2:00 "Opera Kadabra" Magic Show (Lodge DR)	9:00 Morning Meeting 9:30 Walking Group 10:30 Meditation Group GP 10:30 Sit &Fit 1:30 Emotions that Can Lead to Depression 2:00 Snack & Chat <b>2:00 Name Five</b> 6:00 Literature Club (GP)	9:00 Morning Meeting\ 10:00 Barbara Kessler 10:00 Drama w/Mary GP 10:30 Meditation Group GP 11:00 Sit & Fit 1:30 As We Grow Older 2:00 Snack & Chat 2:00 <b>Men's Group with Sam</b>	9:00 Morning Meeting 10:30 Chorus F2 10:30 Meditation GP 10:30 Sit & Fit <b>1:00 Shabbat Service</b> 1:30 Word Games 2:00 Snack & Chat <b>2:30 Bingo GP</b>	9:30 Sit & Fit 10:30 Sing Along GP 10:30 Painting 12:00 Lunch 1:30 Overcoming Obstacles 2:00 Snack & Chat <b>2:30 Bingo GP</b>
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Pet Therapy Morning</b> 10:00 Mass on TV Activity Room 10:00 Service with Reverend Bob CH 11:00 Sit & Fit <b>1:00 Music with Allison F2</b> 2:00 Which Emotion Are You?	9:00 Morning Meeting 9:30 Walking Group <b>10:30 Meditation GP</b> 10:30 Sit & Fit <b>1:00 Sign Language with Mary</b> 2:00 Snack & Chat 2:00 Music w/ Manny AR <b>2:30 Bingo (GP)</b>	9:00 Morning Meeting 9:30 Walking Group 10:00 Father Cannon 10:00 Mindfulness <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> 1:30 Compassion 2:00 Music w/ Mary 2:00 Snack & Chat <b>3:00 Current Events with Sam</b>	9:00 Morning Meeting 9:30 Walking Group 10:30 Meditation Group GP 10:30 Sit &Fit 1:30 Living in Balance 2:00 Snack & Chat <b>2:00 Sam's Group</b> <b>3:00 Pictionary</b> 6:00 Literature Club (GP)	9:00 Morning Meeting\ 10:00 Barbara Kessler 10:00 Drama w/Mary GP 10:30 Meditation Group GP 11:00 Sit & Fit 1:30 Being Worthy 2:00 Snack & Chat 2:00 <b>Men's Group with Sam</b>	9:00 Morning Meeting 10:30 Chorus F2 10:30 Meditation GP 10:30 Sit & Fit 1:30 Affirmations 2:00 Snack & Chat <b>2:30 Bingo GP</b>	<b>9:00 Plant Wellness</b> 9:30 Sit & Fit 10:00 Games 12:00 Lunch 1:30 Anagram 2:00 Snack & Chat <b>2:30 BINGO</b>
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
10:00 Mass on TV 10:00 Service with Reverend Bob CH 1:15 Trivia with Pat <b>1:00 Music with Allison F2</b> 2:00 Kalifornia Karl- musician (GP)	9:00 Morning Meeting 9:30 Walking Group <b>10:00 DAPers Fitness AR</b> <b>10:30 Meditation GP</b> 1:30 <b>Educational Discussion w/ Sam</b> 2:00 Snack & Chat <b>2:30 Bingo (GP)</b>	9:00 Morning Meeting 9:30 Walking Group 10:00 Mindfulness <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> 1:30 Life Stories Game 2:00 Music w/ Mary 2:00 Snack & Chat <b>3:00 Current Events with Sam</b>	9:00 Morning Meeting 9:30 Walking Group 10:30 Meditation Group GP 10:30 Sit &Fit 1:30 Journaling as a Tool 2:00 Snack & Chat 2:00 <b>Sam's Group</b> 3:00 <b>Giant Crossword</b> 6:00 Literature Club (GP)	9:00 Morning Meeting\ 10:00 Barbara Kessler 10:00 Drama w/Mary GP 10:30 Meditation Group GP 11:00 Sit & Fit 1:30 Listening Well 2:00 Snack & Chat 2:00 <b>Men's Group with Sam</b>	9:00 Morning Meeting 10:30 Chorus F2 10:30 Meditation GP 10:30 Sit & Fit 1:30 Word Games 2:00 Snack & Chat <b>2:30 Bingo GP</b> <b>3:00 Shabbat Service</b>	9:30 Sit & Fit 10:30 Sing Along GP 10:30 Painting 12:00 Lunch 1:30 24 hr. Commitment to be Calm 2:00 Snack & Chat <b>2:30 Bingo GP</b>

22	23	24	25	26	27	28
<b>Pet Therapy Morning</b> 10:00 Mass on TV 10:00 Service with Reverend Bob CH 11:00 Sit & Fit <b>1:00 Music with Allison F2</b> 2:00 Life Stories Game	9:00 Morning Meeting 9:30 Walking Group <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> <b>1:00 Sign Language with Mary</b> 2:00 Snack & Chat <b>2:30 Bingo (GP)</b>	9:00 Morning Meeting 9:30 Walking Group 10:00 Mindfulness <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> 1:30 Understanding Our Values 2:00 Music w/ Mary 2:00 Snack & Chat <b>3:00 Current Events with Sam</b>	9:00 Morning Meeting 9:30 Walking Group 10:30 Meditation Group GP 10:30 Sit & Fit 1:30 Motivation Group 2:00 Snack & Chat <b>2:00 Sam's Group</b> 3:00 20 Questions 6:00 Literature Club (GP)	9:00 Morning Meeting\ 10:00 Barbara Kessler 10:00 Drama w/Mary GP 10:30 Meditation Group GP 11:00 Sit & Fit 1:30 Maintaining A Positive Attitude 2:00 Snack & Chat <b>2:00 Men's Group with Sam</b> 3:00 Scrabble	9:00 Morning Meeting 9:30 Walking Group 10:30 Chorus F2 10:30 Meditation Group GP 10:30 Sit & Fit 1:30 General Discussion 2:00 Snack & Chat <b>2:30 Bingo (GP)</b> 2:30 Expressive Arts	<b>9:00 Plant Wellness</b> 9:30 Sit & Fit 10:00 Games 12:00 Lunch 1:00 Anagram 2:00 Snack & Chat <b>2:30 BINGO</b>
29	30	31				
10:00 Mass on TV 10:00 Service with Reverend Bob CH <b>1:00 Music with Allison F2</b> 2:00 Trivia	9:00 Morning Meeting 9:30 Walking Group 10:30 Sit & Fit <b>10:30 Meditation GP</b> 1:30 Are there Relationships You Would Like To Change? 2:00 Snack & Chat <b>2:30 Bingo (GP)</b>	9:00 Morning Meeting 9:30 <b>Trick or Treaters from Daycare Center</b> <b>10:30 Meditation GP</b> <b>10:30 Sit &amp; Fit</b> 1:30 Listening Well 2:00 Music w/ Mary 2:00 Snack & Chat <b>3:00 Current Events with Sam</b>				

**Literature Club  
Wednesday  
6:00pm**

**Bible study Meets every Wednesday at 2:00 PM See reception for location**

**Activities are subject to change to meet the needs of the residents**

**Location Key**  
 PV-Pond View  
 AR-Activity Room  
 F2- 2nd Floor  
 SR- Sun Room  
 GK-Garden  
 Kitchen  
 PT- Patio

**LD- Lodge Dining Room \***  
 LA- Lobby Area  
 CH- Chapel  
 PT- Patio  
 FP-Fish Pond/Café  
 LL-Lobby Living Room

