

Golden Pond Assisted Living

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Shoe Shopping 4	5	Barnes & Noble	7
10:00 Mass on TV Activity Room 10:00 Service with Reverend Bob CH 1:00 Music with Allison F2 2:00 Resident Movie	9:30 Pilate Workout 9:30 Bridge * 10:00 Family Feud 1:00 Sit & Stretch 1:00 Scrabble 1:30 Pictionary 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Men's Group 9:30 Nifty Nails 10:00 Communion CH 1:00 Scrabble 2:00 Snack & Chat 2:30 Giant Crossword 3:30 Brian's workout 4:30 Fireside Chat 7:30 MSO Rehearsal	9:30 Pilate Workout 10:00 Donuts & Discussion 10:00 Rummy/Checkers 1:30 Golden Grannies Knitting 2:00 Snack & Trivia 2:30 BINGO 2:30 Red Box Movie 4:30 Fireside Chat 6:00 Literature Club	9:30 Pilate Workout 9:30 Pub Trivia 10:00 Rosary CH 10:30 Music With Jeff 10:30 Anagram * 11:00 Mexican Train 1:30 Sit & Stretch 1:00 Current Events 2:00 Bridge 2:30 Scrabble 3:30 Brian's workout 3:00 Headline News *	9:30 Pilate Work Out 9:30 Nifty Nails Café 10:30 Chorus F2 1:00 Cards & Checkers 1:00 Shabbat Service 1:00 Sit & Stretch 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat	9:00 Plant Wellness 9:30 Sit & Be Fit 10:00 Coffee & Trivia 10:30 Sing A Long 10:30 Cards & Checkers 12:30 Walking Group 1:00 Anagram 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat
8	9	10	Dollar Store 11	12	Movies 13	14
10:00 Mass on TV Activity Room 10:00 Service with Reverend Bob CH 1:00 Music with Allison F2 2:00 Music with Ray Valente	9:30 Pilate Workout 9:30 Bridge 10:00 BINGO 10:30 Giant Crossword 12:30 Walking Group 1:00 Sit & Stretch 1:30 Pictionary 2:00 Snack & Chat 2:00 Music With Manny 4:30 Fireside Chat	9:30 Pilate Workout 10:00 Father Cannon 9:30 Men's Group 9:30 Nifty Nails 10:30 Train your brain 1:00 Scrabble 2:00 Snack & Chat 2:30 Giant Crossword 3:30 Brian's workout 4:30 Fireside Chat 7:30 MSO Rehearsal	9:30 Pilate Workout 10:00 Music In Motion 10:00 Rummy/Checkers 1:00 Sit & Stretch * 1:00 Anagram AR 1:30 Golden Grannies Knitting 2:30 BINGO 2:30 Red Box Movie 4:30 Fireside Chat 6:00 Literature Club	9:30 Pilate Workout 9:30 Pub Trivia 10:00 Rosary CH 10:30 Drama 10:30 Anagram * 11:00 Mexican Train 1:30 Sit & Stretch 1:00 Current Events 2:00 Bridge 2:30 Scrabble 3:00 Headline News * 3:30 Brian's workout 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Nifty Nails Café 10:30 Chorus F2 1:00 Anagram 1:00 Resident Council 2:00 Snack & Chat 2:30 Music with Patrick Durkin 4:30 Fireside Chat	9:00 Plant Wellness 9:30 Sit & Be Fit 10:00 Sing A Long 10:00 Cards & Checkers 12:30 Walking Group 1:00 Anagram 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat
15	16	17	Steinmart 18	19	Target 20	21
10:00 Mass on TV 10:00 Service with Reverend Bob CH 1:15 Trivia with Pat 1:00 Music with Allison F2 2:00 Music With Kalifornia Karl	9:30 Pilate Workout 9:30 Bridge 10:00 DAPers Fitness 10:30 Giant Crossword 1:00 Sit & Stretch 2:30 BINGO 4:30 Fireside Chat	9:30 Pilate Workout 10:00 Communion CH 9:30 Men's Group 10:30 Train Your brain 1:30 Spelling Bee LD 2:00 Snack & Chat 2:30 Giant Crossword 3:30 Brian's workout 4:30 Fireside Chat 7:30 MSO Rehearsal	9:30 Pilate Workout 10:00 Donuts & Discussion 10:00 Rummy/Checkers 1:30 Golden Grannies Knitting 2:00 Snack & Trivia 2:30 BINGO 2:30 Red Box Movie 4:30 Fireside Chat 6:00 Literature Club	9:30 Pilate workout 9:30 Pub Trivia 10:00 Rosary CH 10:30 Drama 10:30 Anagram 11:00 Mexican Train 1:00 Current Events 1:00 Sit & Stretch 1:30 Bridge 2:30 Jeopardy 3:00 Headline News * 3:30 Brian's workout 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Nifty Nails Cafe 10:30 Chorus F2 1:00 Anagram 1:00 Sit & Stretch 2:00 Snack & Chat 2:30 BINGO 3:00 Shabbat Service 4:30 Fireside Chat	9:00 Plant Wellness 9:30 Sit & Be Fit 10:00 Coffee & Trivia 10:30 Follow me Art 10:30 Cards & Checkers 12:30 Walking Group 1:00 Anagram 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat

22	23	24	Walmart 25	26	Wegmans 27	28
10:00 Mass on TV 10:00 Service with Reverend Bob CH 1:00 Music with Allison F2 1:15 Trivia with Pat 2:00 Resident Movie	9:30 Pilate Workout 9:00 Bridge LD 1:00 Sit & Stretch 1:00 Scrabble 1:30 Pictionary 2:00 Snack & Chat 2:30 BINGO AR 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Men's Group 10:00 Coffee & Trivia 10:30 Train Your Brain 1:00 Scrabble 1:30 Anagram 2:00 Snack & chat 2:30 Giant Crossword 3:30 Brian's workout 4:30 Fireside Chat 7:30 MSO Rehearsal	9:30 Pilate Workout 10:00 Music in Motion 10:00 Communion CH 10:30 Train Your Brain 1:00 Sit & Stretch * 1:30 Golden Grannies Knitting 1:30 Anagram 2:30 BINGO AR 2:30 Red Box Movie 4:30 Fireside Chat 6:00 Literature Club	9:30 Pilate Workout 10:00 Rosary CH 10:30 Drama 9:30 Pub Trivia 10:15 Anagram * 11:00 Mexican Train 1:00 Sit & Stretch * 1:30 Bridge * 1:00 Current Events 2:30 Jeopardy 3:00 Headline News * 3:30 Brian's workout 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Nifty Nails Cafe 10:30 Chorus F2 1:00 Rummy/Uno 1:00 Sit & Stretch 1:30 Generations Music AR 2:00 Snack & Chat 2:30 BINGO AR 4:30 Fireside Chat	9:00 Plant Wellness 9:30 Sit & Be Fit 10:00 Follow Me Art 10:00 Cards & Checkers 12:30 Walking Group 1:00 Anagram 2:00 Snack & Chat 2:30 BINGO 4:30 Fireside Chat

29	30	Halloween 31
10:00 Mass on TV 10:00 Service with Reverend Bob CH 1:00 Music with Allison F2 1:15 Trivia with Pat 2:00 Resident Movie	9:30 Pilate Workout 9:30 Bridge * 10:00 Family Feud 1:00 Sit & Stretch 1:00 Scrabble 1:30 Pictionary 2:00 Snack & Chat 2:30 BINGO AR 4:30 Fireside Chat	9:30 Pilate Workout 9:30 Building Blocks Trick or Treat 1:00 Scrabble 1:30 Anagram 2:00 Resident Council 2:45 Scrabble & Cards 3:30 Brian's workout 4:30 Fireside Chat 7:30 MSO Rehearsal

Metrowest
Symphony
Orchestra practice
on Tuesday's at
7:30 pm in the
lodge dining
room all are
welcome to watch
and listen.



Literature Club
Wednesday
6:00pm

Bible study Meets
every Wednesday at
2:00 PM See
reception for
location

Activities are
subject to
change to meet the
needs of the
residents

Location Key
PV-Pond View
AR-Activity Room
F2- 2nd Floor
SR- Sun Room
GK-Garden
Kitchen
PT- Patio

LD- Lodge Dining
Room *
LA- Lobby Area
CH- Chapel
PT- Patio
FP-Fish Pond/Café
LL-Lobby Living
Room

