

# Country View Daily Overview

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:30-10:00	Morning Meeting						
10:00-11:00	Exercise Your Mind and Body (Sunroom) Beauty Time and 1:1 Visits						
10:30-11:30	Yoga AR	Open Art F2 Lib	Religious Services	Barb Kessler	Chorus	Saturday AM	Mass in Chapel
11:30-12:30	Lunch						
12:30-1:00	Rest and Relaxation						
1:00-2:00	Mem Pics	CV Outing	Brain Games	Mem Pics	Brain Games	Household Helpers	Piano Music with Alison F2 1-2
2:00-3:00	Music Mondays	Memory Lane	Art Hour	Memory Lane	Friday Social	Sing-A-Long	
3:00-4:00	Culinary Creations	BINGO	Culinary Creations	BINGO	Culinary Creations	BINGO	Sunday Songs
4:30-5:30	Dinner						
6:00-8:00	Movie Night						

**Programming on Country View is designed to provide meaningful opportunities for community members with diverse interests and abilities to engage in activities that promote holistic wellness.**

**Because our needs and interests are always changing and evolving, our programs are always subject to change. We encourage all those who live, work, and visit with us to check the daily board for current information about daily offerings. For more information about programming on Country View, please feel free to speak with an Activities Team member. Happy Fall!**

Upcoming Special Events:

