


# Golden Pond Assisted Living

# May 2019

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|--|--|---|--|--|
|   |  |  | <b>Walmart 1</b>   | <b>Senior Tea 2</b>   | <b>Veterans Breakfast 3</b>  | <b>4</b>   |
|  |  |  | 9:00 Coffee & Events<br>9:30 Patty's Workout<br><b>10:30 Bible Study</b><br><b>Vineyard Church</b><br><b>2:00 Movie</b><br><b>2:30 BINGO</b> | 9:00 Meditation F2<br>9:30 Sit & Stretch<br>10:00 Rosary<br><b>10:30 Music w/ Rob</b><br>1:00 Spanish 101<br>2:00 "Fighting Dementia with the Mind Diet" Renee Brunelle /Nutritionist | 9:00 Meditation F2<br>9:30 Patty's Workout<br>10:30 Chorus F2<br>12:45 Nifty Nails<br><b>1:00 Shabbat</b><br><b>2:00 CINCO DE MAYO PARTY</b><br><b>7:30 Piano Recital</b>  | 9:00 Coffee & Events<br>9:30 Exercise<br>10:00 <b>The Rob Show</b><br>1:00 Board Games<br>2:00 Snack & Chat<br><b>2:30 BINGO</b> |
| <b>5</b>   | <b>6</b>   | <b>7</b>   | <b>Target 8</b>  | <b>9</b>  | <b>Library/CVS 10</b>  | <b>11</b>  |
| 10:00 Mass on TV<br>10:00 Service with Reverend Bob CH<br><b>10:45 Games with the Youth Group</b><br>1:00 Giant Crossword<br><b>2:30 BINGO</b> | 9:00 Meditation F2<br>9:30 Mind Games with Mona<br><b>10:30 Yoga</b><br><b>10:30 Sunshine Club Lodge</b><br>2:00 Snack & Chat<br><b>2:30 BINGO</b> | 9:30 Sit & Stretch<br>9:00 Meditation F2<br>12:45 Nifty Nails<br>3:00 No Judgement Zone F2<br><b>3:00 Hand Massages and Technology Help w/ Teen Volunteers</b> | 9:00 Coffee & Events<br>9:30 Patty's Workout<br><b>10:00 Protestant Service</b><br><b>2:00 Movie</b><br><b>2:30 BINGO</b>                    | 9:00 Meditation F2<br>9:30 Sit & Stretch<br>10:00 Rosary<br><b>10:30 Music w/ Rob</b><br>1:00 Spanish 101<br>2:00 Snack & Chat<br>2:30 Giant Crossword                                | 9:00 Meditation F2<br>9:30 Patty's Workout<br>9:30 Nifty Nails<br>10:30 Chorus F2<br><b>11:00 Resident Council</b><br><b>2:30 Music &amp; Ice Cream Social</b>             | 9:00 Coffee & Events<br>9:30 Exercise<br><b>1:00 Ethan Stone at the Piano</b><br>2:00 Snack & Chat<br><b>2:30 BINGO</b>          |
| <b>12</b>  | <b>13</b>  | <b>14</b>  | <b>Savers 15</b>   | <b>16</b>   | <b>Mall Walking 17</b>   | <b>18</b>  |
| 10:00 Mass on TV<br>10:00 Service with Reverend Bob CH<br>2:00 Snack & Chat<br><b>2:30 BINGO</b>   | 9:00 Meditation F2<br>9:30 Mind Games<br><b>10:30 Sunshine Club Lodge</b><br><b>10:30 Yoga</b><br>1:30 Rob & Mona Show<br><b>2:30 BINGO</b>        | 9:30 Sit & Stretch<br>9:00 Meditation F2<br><b>10:00 Fr. Cannon Show</b><br>12:45 Nifty Nails<br>2:00 Art Studio<br>3:00 No Judgement Zone F2                  | 9:00 Coffee & Events<br>9:30 Patty's Workout<br><b>12:30 Food Meeting</b><br><b>2:00 Movie</b><br><b>2:30 BINGO</b>                          | 9:00 Meditation F2<br>9:30 Sit & Stretch<br><b>9:30 Pub Puzzles</b><br>10:00 Rosary<br><b>10:30 Music w/ Rob</b><br>1:00 Spanish 101<br><b>2:00 The Beth &amp; Mike Show</b>          | 9:00 Meditation F2<br>9:30 Patty's Workout<br>10:30 Chorus F2<br>12:45 Nifty Nails<br>11:30 May Birthday's<br><b>1:30 Bridge</b><br>2:00 Snack & Chat<br><b>2:30 BINGO</b> | 9:00 Coffee & Events<br>9:30 Exercise<br>10:00 Trivia<br>1:00 Giant crossword<br>2:00 Snack & Chat<br><b>2:30 BINGO</b>          |

| 19   | 20  | 21   | Dollar/Job Lot 22   | 23   | Library/CVS 24  | 25  |
|--|---|--|---|--|---|---|
| 10:00 Mass on TV<br>10:00 Service with Reverend Bob CH<br>1:00 Cryptograms<br><b>2:00 Trebelmaker's Concert</b>          | 9:00 Meditation F2<br>9:30 Current Events<br><b>10:00 DAPers</b><br><b>10:30 Sunshine Club Lodge</b><br><b>1:30 Rob and Mona Show</b><br>2:00 Snack & Chat<br><b>2:30 BINGO</b> | 9:00 Meditation F2<br>10:00 Communion<br>10:30 Train Your Brain<br>12:45 Nifty Nails<br>2:00 Resident Council<br>2:00 Art Studio<br>3:00 No Judgement Zone F2                | 9:30 Patty's Workout<br>10:30 Giant Crossword<br><b>1:00 Sit &amp; Stretch</b><br>2:00 Snack & Chat<br><b>2:00 Movie</b><br><b>2:30 BINGO</b> | 9:00 Meditation F2<br>9:30 Sit & Stretch<br>10:00 Rosary<br><b>10:30 Music w/ Rob</b><br>2:00 Snack & Chat<br>2:30 Giant Crossword | 9:00 Meditation F2<br>9:30 Patty's Workout<br>9:30 Nifty Nails<br>10:30 Chorus F2<br>1:00 Word Games<br>1:30 Bridge<br>2:00 Snack & Chat<br><b>2:00 Memorial Day Presentation</b> | 9:00 Coffee & Events<br>9:30 Exercise<br>10:00 Trivia<br>10:30 Card games<br>2:00 Snack & chat<br><b>2:30 BINGO</b> |
| 26   | Memorial Day 27   | 28   | Walmart 29  | 30   | 31  |   |
| 10:00 Mass on TV<br>10:00 Service with Reverend Bob CH<br>1:00 Giant Crossword<br>2:00 Snack & Chat<br><b>2:30 BINGO</b> | 9:30 Current Events<br>9:30 Exercise<br>10:00 Giant Crossword<br>2:00 Snack & Chat<br><b>2:30 BINGO</b>   | 9:00 Meditation F2<br>10:00 Communion<br>10:30 Train Your Brain<br>12:45 Nifty Nails<br><b>2:00 Cooking with Glendale GK</b><br>2:00 Art Studio<br>3:00 No Judgement Zone F2 | 9:30 Patty's Workout<br>10:30 Giant Crossword<br><b>1:00 Sit &amp; Stretch</b><br>2:00 Snack & Chat<br><b>2:00 Movie</b><br><b>2:30 BINGO</b> | 9:00 Meditation F2<br>9:30 Sit & Stretch<br>10:00 Rosary<br><b>10:30 Music w/ Rob</b><br>2:00 Snack & Chat<br>2:30 Giant Crossword | 9:00 Meditation F2<br>9:30 Patty's Workout<br>9:30 Nifty Nails<br>10:30 Chorus F2<br>1:00 Word Games<br>1:30 Bridge<br>2:00 Snack & Chat<br><b>2:30 BINGO</b>                     | 9:00 Coffee & Events<br>9:30 Exercise<br>10:00 Trivia<br>10:30 Card games<br>2:00 Snack & chat<br><b>2:30 BINGO</b> |

**Location Key**

AR-Activity Room  
 F2- 2nd Floor  
 DR- Dining Room  
 GK-Garden Kitchen  
 LD- Lodge Dining Room \*  
 LA- Lobby Area  
 CH- Chapel

Activities are subject to change to meet the needs of the residents

See the daily calendar for specifics

Bridge games are available contact activities to set one up

