

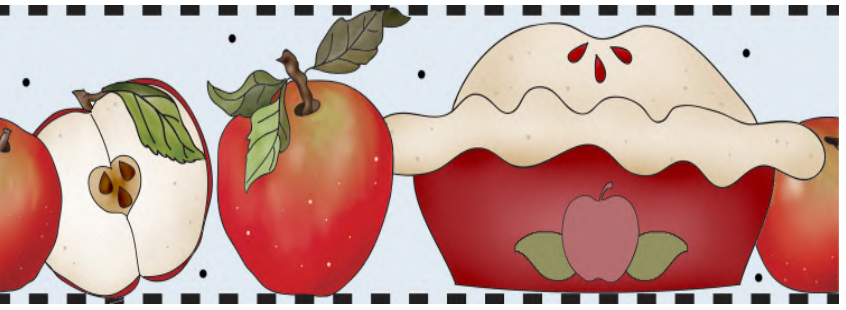
Golden Pond Assisted Living

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	Dollar/Job Lot 4	5	Veterans Breakfast	7
10:00 MASS CANCELLED TODAY! 10:00 Mass on TV 2:00 BINGO	Happy Labor Day 9:30 Exercise 10:00 Labor Day Trivia 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Communion 10:30 The Rob Show 12:45 Nifty Nails 1:00 Art Studio 1:00 Knitting Group 3:00 No Judgement Zone 6:00 Literature Club w/	9:00 Coffee & Events 9:30 Patty's Workout 10:30 Bible Study 1:30 Men's Group 2:00 Movie 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Rosary 10:30 Ted Talks 2:30 Chorus 6:00 Card Games	9:00 Meditation F2 9:30 Patty's Workout 9:30 Nifty Nails 1:30 Stories with Ruth 2:00 BINGO	9:30 Exercise 10:00 The Rob Show 1:00 Nature Tour w/ Samantha 2:00 Snack & Chat 2:00 BINGO
8	Library/CVS 9	10	Target 11	12	13	14
10:00 Service with Reverend Bob CH 2:00 BINGO	9:00 Meditation F2 9:30 Exercise 10:30 Yoga 1:00 Rob and Mona Show 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Fr. Cannon 10:30 The Rob Show 12:45 Nifty Nails 1:00 Art Studio 3:00 No Judgement Zone 6:00 Literature Club	9:30 Patty's Workout 10:00 Protestant Service 12:30 Food Meeting 1:30 Men's Group 2:00 Snack & Chat 2:00 Movie 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Rosary 10:30 Ted Talks 2:00 1950's Diner Day and Sock Hop 6:00 Card Games	9:00 Meditation F2 9:30 Patty's Workout 10:30 Art Therapy with Terri F2 11:00 Res Council 12:45 Nifty Nails 2:00 BINGO	9:30 Exercise 10:00 Giant Crossword 1:00 Nature Tour w/ Samantha 2:00 BINGO
15	Library/CVS	17	Treasures 18	19	20	21
10:00 Service with Reverend Bob CH 2:00 BINGO	9:00 Meditation F2 9:30 Mind Games 10:30 Sunshine Club Lodge 10:00 DAPers 1:00 Rob & Mona Show 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:30 The Rob Show 12:45 Nifty Nails 1:00 Art Studio 2:00 Violin w/ Lynn Concert 3:00 No Judgement Zone 6:00 Literature Club	9:30 Patty's Workout 1:30 Men's Group 2:00 Movie 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 11:00 Rosary 2:00 Sunnyside Swing Party 6:00 Card Games	9:00 Meditation F2 9:30 Patty's Workout 10:30 Art Therapy with Terri F2 11:30 September Birthday's 12:45 Nifty Nails 2:00 BINGO	9:30 Exercise 10:00 Trivia 1:00 Nature Tour w/ Samantha 2:00 BINGO

22	Library/CVS 23	24	Walmart 25	26	27	28
10:00 Service with Reverend Bob CH 1:00 Book Reading with Beverly Anderson 2:00 BINGO	9:00 Meditation F2 9:30 Exercise 10:00 Book Club Meeting 10:30 Yoga 1:00 Rob and Mona Show 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Communion 10:30 The Rob Show 12:45 Nifty Nails 1:00 Art Studio 1:00 Resident Council 2:00 Cooking with Glendale 3:00 No Judgement Zone 6:00 Literature Club	9:30 Patty's Workout 10:30 Giant Crossword 1:30 Men's Group 2:00 Movie 2:00 BINGO	9:00 Meditation F2 9:30 Sit & Stretch 10:00 Rosary 10:30 Ted Talks 1:00 Knitting Group 2:30 Chorus 6:00 Card Games	9:00 Meditation F2 9:30 Patty's Workout 9:30 Nifty Nails 10:30 Art Therapy with Terri (F2) 2:00 BINGO	9:30 Exercise 10:00 Music 1:00 Nature Tour w/ Samantha 2:00 BINGO

29	Library/CVS 30
10:00 Service with Reverend Bob CH 2:00 BINGO	8:30 Mall walking 9:30 Exercise 10:30 Yoga 1:00 Rob and Mona Show 2:00 BINGO



Location Key
 AR-Activity Room
 F2- 2nd Floor
 DR- Dining Room
 GK-Garden Kitchen
 LD- Lodge Dining Room *

Bridge and Poker Games are available contact activities to set one up

Activities are subject to change to meet the needs of the residents

 See the daily calendar for specifics