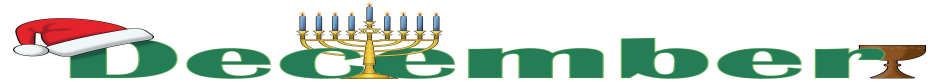


Golden Pond Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
10:00 AM Mass on TV in the Chapel 2:00 PM Movie Matinee	9:30 Meditation 10:30 Exercise body & mind 11:00 Goals Group 1:30 Board/Card Games 3:00 Literature Group	9:30 Meditation 10:00 Rosary in the Chapel 10:00 Exercise body & mind 10:30 Art Group 11:00 Grief Group 2:00 BINGO! 3:30 Iphone Tutorial	9:30 Meditation 10:00 Exercise 10:30 Crafts (Holiday Cards) 11:00 Men's Group 1:30 Bridge 2:30 The Rob & Mona Show	9:30 Meditation 10:00 Rosary in the Chapel 10:15 Art Group 10:30 Exercise body & mind 11:00 Life skills grp 3:00 Lodge W & C Social 2:00 BINGO!	9:30 Meditation 10:00 Exercise body & mind 10:30 Ted Talks 1:30 Creative Expressions Grp 2:00 Holiday Movie	2:00 BINGO
6	7	8	9	Hanukkah 10	11	12
10:00 AM Mass on TV in the Chapel 2:00 PM Movie Matinee	9:30 Meditation 10:30 Exercise body & mind 11:00 Goals Group 1:30 Board/Card Games 3:00 Literature Group	9:30 Meditation 10:00 Communion with Father Cannon in the Courtyard 10:00 Exercise 10:30 Art Group 11:00 Grief Group 2:00 BINGO! 6pm Light ride	9:30 Meditation 10:00 Exercise 10:30 Crafts (Holiday Ornaments) 11:00 Men's Group 1:30 Bridge 2:00 Movie Matinee	9:30 Meditation 10:00 Rosary in the Chapel 10:00 Exercise body & mind 10:30 Art Group 11:00 Life skills grp 2:00 BINGO! 3:00 Lodge W & C Social	9:30 Meditation 10:00 YOGA w/ Kerri on zoom 10:30 Ted Talks 1:30 Creative Expressions Grp 2:00 Holiday Movie	2:00 BINGO
13	14	15	16	17	Hanukkah ends	19
10:00 AM Mass on TV in the Chapel 2:00 PM Movie Matinee	9:30 Meditation 10:30 Exercise body & mind 11:00 Goals Group 1:30 Board/Card Games 3:00 Literature Group	9:30 Meditation 10:00 Marcos 10:00 Exercise body & mind 10:30 Art Group 11:00 Grief Group 1:00 Food meeting GP 1:30 Food meeting Lodge 2:00 BINGO! 6 Light Ride	9:30 Meditation 10:00 Exercise body & mind 10:30 Crafting 11:00 Men's Group 1:30 Bridge 2:30 The Rob & Mona Show	9:30 Meditation 10:00 Rosary in the Chapel 10:00 Exercise body & mind 10:30 Art Group 11:00 Worship tbd 11:00 Life skills grp 2:00 Bingo	9:30 Meditation 10:00 Resident Council Meeting GP 10:45 Resident Council Meeting for Lodge 1:30 Creative Expressions Grp 2:00 Holiday Movie	2:00 BINGO

20	21	22	23	24	Christmas Day 25	26
10:00 AM Mass on TV in the Chapel 2:00 PM Movie Matinee	9:30 Meditation 10:30 Exercise body & mind 11:00 Goals Group 2:00 New Resident Social 3:00 Literature Group	9:30 Meditation 10:15 Art Group 10:00 Staff Training (No Exercise) 11:00 Grief Group 2:00 BINGO! 6 lights ride	9:30 Meditation 10:30 Exercise body & mind 11:00 Men's Group 1:30 Bridge 2:30 The Rob & Mona Show (14 Maximum)	9:30 Meditation 10:00 Rosary in the Chapel 10:00 Exercise body & mind 10:30 Art Group 11:00 Worship tbd 11:00 Life skills grp 2:00 Bingo	9:30 Meditation 10:00 Christmas Mass on TV 10:30 Ted Talks 2:00 Movie Matinee	2:00 BINGO
27	28	29	30	New Years Eve 31		
10:00 AM Mass on TV in the Chapel 2:00 PM Movie Matinee	9:30 Meditation 10:30 Exercise body & mind 11:00 Goals Group 1:30 Board/Card Games 3:00 Literature Group	9:30 Meditation 10:00 Communion with Father Cannon in the Courtyard 10:00 Exercise 10:30 Art Group 11:00 Grief Group 2:00 BINGO! 2:00 Cooking w/ Nate 5 people only	9:30 Meditation 10:30 Exercise 11:00 Men's Group 1:30 Bridge 2:30 The Rob & Mona Show	9:30 Meditation 10:00 Rosary in the Chapel 10:15 Art Group 10:30 Exercise body & mind 11:00 Life skills grp 3:00 Lodge W & C Social 2:00 BINGO!		



Location Key

F2- 2nd Floor
DR- Dining Room
GK- Garden Kitchen
LD- Lodge Dining Room *
CH- Chapel

Promenade activities are Highlighted in Red
Peace Room Activities in Blue

Bouvier Pharmacy shop is open daily 11-2pm.

Activities are subject to change to meet the needs of the residents

